



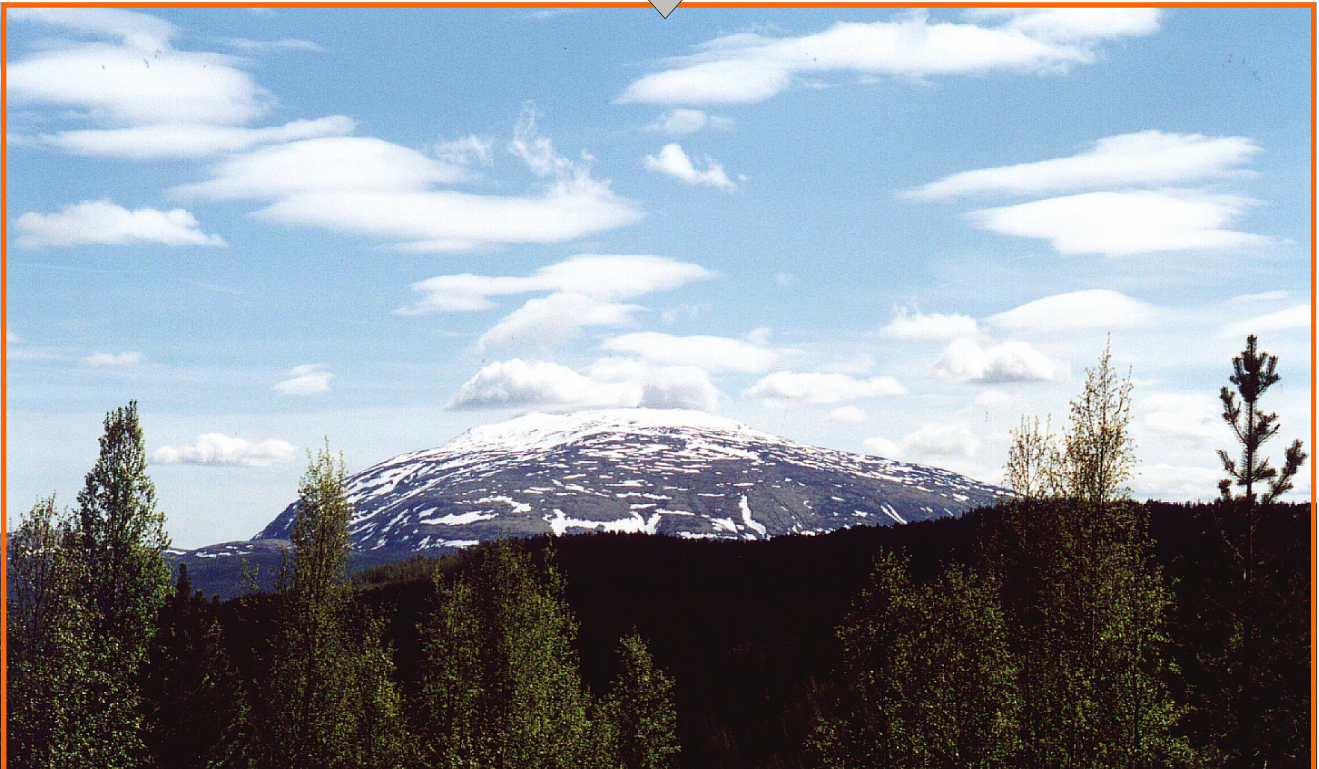
The Mt. Tron Mail

June 2001

Mt. Tron University of Peace Foundation

No. 2, Volume 4

The cry for Peace...



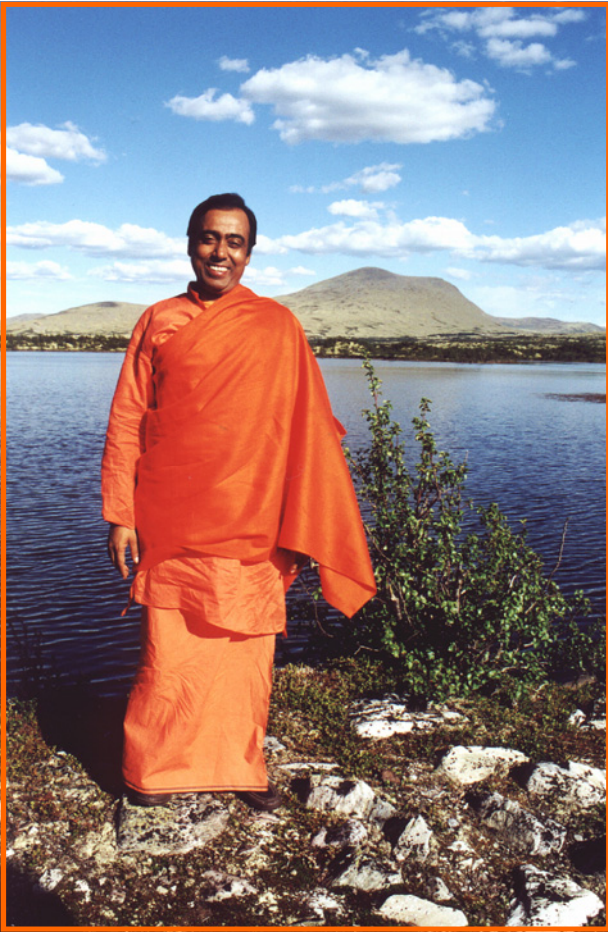
Mt. Tron seen from Fåsetdalen towards Savalen, Tynset, medio June 2001.

Photo: BP.

Knowledge will help us to control and direct the forces of Nature for human ends. Our acquaintance with the laws of storm, earthquake, disease, and other elemental powers is not only superficial but is the exclusive property of a few cranks and fogs who whose names illumine the membership lists of learned societies and institutions, while we are lamentably ignorant of the laws controlling those forces which makes for world-peace and world-war. We need a sure science which will create and foster in the heart of every living man the emotion of world-peace. This science will be as exact as mathematics and as effective as mechanics for the realisation of the purpose of making kings and politicians and citizens all the world over gentle and peace-worshipping. And when we have discovered this science we shall educate every child in the world in the conduct of peace. Let the cry of «world-peace» go up from every church, from every temple, every school, every factory. Let every father, rich or poor, bequeath the motto «Peace» to his children. Let the word «Peace» be inscribed on the flag of every nation. In every country let there grow up an institution which shall be named «The Order of the Star of Peace». Let us have Crusaders again, Knights of Peace. If only mankind will wish for peace, pray for peace, practice peace - then militarists, whether individuals or States, will soon be as extinct as the dodo of Mauritius. From the dawn of creation Nature has been saying to the scientist of peace: «I am thy *servus servorum.*» Thus although our earth has been visited times without number by plague and war and famine Humanity has not lost hope of one day enjoying the reign of peace on this Mars-ridden planet. Man will not rest until he kills the uniformed, epauletted, be-medalled hyena of War and keeps him embalmed, like an Egyptian mummy, safely locked up in the British Museum for the delight of jeering school-children of future generations.

(From «Yoga of Conquest» by Swami Sri Ananda Acharya, The Brahmakul, Gaurisankarmath, Scandinavia 1924).

Visit at «Shantibu» from India in August



*Swami Parameswarananda - Trishan - by a lake in the Western Mountains of Alvdal, in July 2000.
Photo: BP.*

Joydeep Battacharya

comes to Alvdal on the 17th August and stays for a short week. At present he stays with friends in Germany and travels for 1 month to Italy from the middle of July. Apart from the fact that he is actually born in Germany, this is his first visit to the West. His parents returned to their homeland Bengal in India shortly after his birth. Joydeep is 39 years of age and came to the Paramananda Mission in 1990, where he worked at the main centre in Banagram until 2000. At present he works mostly at another branch of the Mission in Bengal by the town of Singur. Joydeep is a very good author, poet and dramatist, and an excellent lecturer who masters English very well. Among other things he has participated in making a 3 hour English video cassette about Swami Paramananda and the Paramananda Mission, which is a very good and thorough presentation. From April to August 2000 he toured in Bengal with 50 orphan boys from the Mission and performed an Italian play, instructed, produced and adapted to Indian conditions by Joydeep, which became a great success in Calcutta and all the other places where they went.

Swami Parameswarananda - Trishan -

visited Norway during the summer of 2000. This was his first trip outside India. This year he returns and will be **residing at Alvdal from about the 1st to the 20th of August.** Trishan is 45 years of age and has been with Swami Paramananda from the start of Paramananda Mission in 1978 in India. There he worked very intensely all the years as «the right hand» of Paramananda to build up the gradually reputed welfare centre with among other home and school for orphan children, and free medical treatment of ill persons from surrounding villages. After Paramananda's death in November 1999, Trishan has been initiated into *sannyasa* (saffron coloured robes) and has eventually taken over the responsibility as the president of the Paramananda Mission. Before coming to Alvdal he will travel to friends in North Norway where the sponsorship organisation for the orphan children of the Mission (SPM) is situated in Narvik. He will also spend a little time with friends at Lyngseidet before turning southwards to Os in Hedmark where he will be present at Kari Ada's naturopathic clinic the last days of July. The doors will be open as usual during his stay at Shantibu and **the public is welcome to meet both Trishan and Joydeep (below) during this time.** Friends and acquaintances who wish to meet these two are invited to contribute to the expences expected by these visits, among other an air ticket for Joydeep turn/return Germany which will cost about NOK 2.500,-. For the rest, contributions for living and travelling expences for both in Alvdal/Norway, will be received with thanks. Contributions can be given at: Swami Paramanandas Venner, account no.: **1895.11.16323** - Sparebanken Hedmark.



*Joydeep Battacharya in his room in the Paramananda Mission, Bengal, India, in January 1995.
Photo: BP.*

Spiritualness, art of life and naturality

The following is taken from the book 'Naturality and Love' by Swami Paramananda, published by The Paramananda Mission, India, first time in 1995. Text pieces have been picked freely from the 1st, 2nd and 4th chapter in the book.

Life flows -

it cannot be limited to definitions or scriptural simplifications. The one who realizes the truth and attains a divine understanding is never dogmatic. He neither tries to establish a point of view nor refute another. In fact he transcends all dogmatic states. To believe and disbelieve are both limitations and he rises above these in a state of naturality. When man realizes the truth, dogmas are sloughed off.

In spite of the fact that man has conscience he is numbed by a number of self-imposed limitations. When man attains freedom from his bondage, he becomes natural and attains a freedom of conscience. Scriptural, racial and communal influences create a

dark shadow on his conscience. «One who is free from these influences enjoys a perpetual bliss of his own conscience.» (Vivekananda). So awaken your conscience and search for the essential Truth.

Dear Atman I do not want to draw any conclusions for you and neither do I want to stick to any. Rise above all conclusions, resolutions and decisions. Do not get stuck in any kind of mental or even intellectual bondages. Overcome the limitations of conclusions and language. When all kinds of dependencies are overcome what remains is self-dependence or divine dependence.

Do not see yourself with the eyes of others. See yourself with your own eyes. Develop your own power of introspection. You must remember that life is expressed in the external world but its roots are internal. If you want to move towards those roots pay no heed to others' comments and opinions. You will have to know «What am I» and you will have to reach to the centre of that «I» or your identity. You will have to seek your own «I».

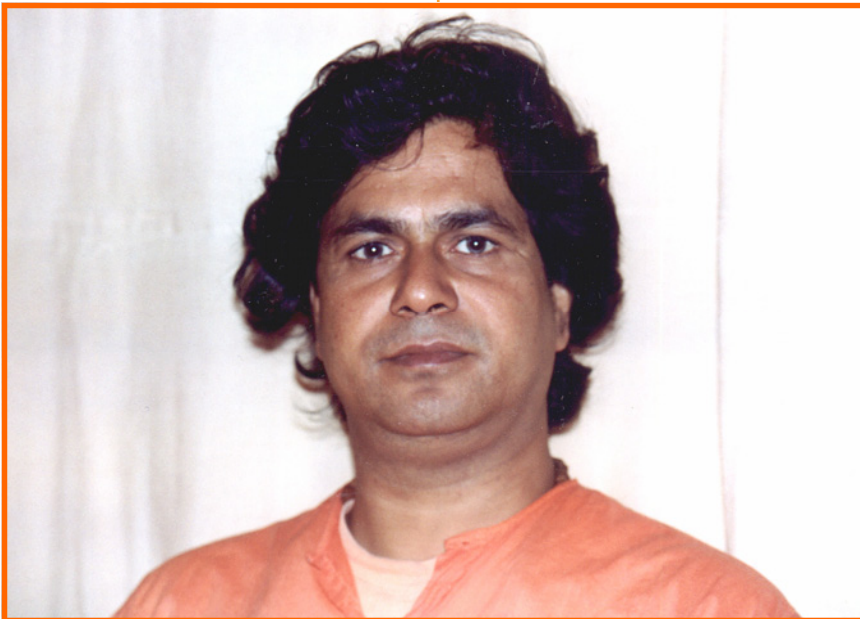
Spiritual awakening

is absolutely necessary for man to attain the pinnacle of civilization and fulfilment, and to overcome cultural decadence and the web of superstition. Because spirituality is an art which expresses the potential of life, it takes man towards fulfilment and for an individual, spirituality is the perception of that fulfilment. Spirituality can give man absolute happiness or bliss and the purpose of life is to attain this bliss of fulfilment. Spirituality is the science or art which takes us to this goal. That which is natural is free. Expansion of identity is the freedom of identity. Man will have to transcend his narrow restricted limits, his little boundaries, and expand himself towards fulfilment. Because he is, by nature, fulfilled.

Dear Atman, spirituality is not separate from life, it is not an escape from life. It is possible to attain spiritual realization through life - by embracing life.

Dear Atman, when we say «natural» what does it convey to us? Natural is a word and easily used, but it is very difficult to be **natural**. For ages human society has

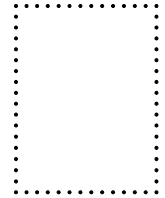
been, and still is, dogmatic. This dogmatism has robbed man of his inherent naturality and perverted his attitudes. He has complicated everything that is natural. Suppression has perverted man's emotions and he has become narrow-minded because he has not developed his identity. That's why he has become unnatural. One must struggle against all dogmas and attain Self-realization. One must give up hypocrisy and be sincere in mind and deed, only then can one attain naturality. To put on an act by suppressing one's actual feelings is sheer hypocrisy. Man would have to give up acting and be a worshipper of life - only then will his life be fulfilled. Man can never realize truth by deceiving others and by putting on a moral act when his intentions just the opposite. Naturality never encourages a narrow-minded outlook, it improves the quality of life. It is absurd to pretend civilization when the whole approach to civilization is based on false intentions. ... But a natural man does not worship acting, he worships life and realizes the existence of Truth through his experiences. Acting is delusion. It is like a spell. But natural life is free.



Swami Paramananda på Shantibu, sommeren 1993, under sitt 2. besøk i Alvda. Foto: BP.

The Mt.Tron Mail

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News from Mt.Tron

Long Winter

This year the winter lasted very long, and even until the middle of June, minus degrees appeared almost every night in Alvdal, at least on 700 metres where Shantibu lies. In a double sense the winter was especially long this year, because The Mt.Tron University of Peace Foundation is still waiting - in spite of frequent promises and resolutions for the opposite - for the municipal area planning to start up as previously provided for and place the University of Peace on Mt.Tron



*Mt.Tron with the «Peace Plateau» seen from Moan in Alvdal, 1st Juni 2001.
During the night lots of snow fell down to 7-800 metres. Photo: BP.*

on the map of planning. However, from the end of June summer has finally come to Alvdal in more than one sense, and the future of the Foundation's project is now looking brighter. It seems that the municipal planning now can start from this autumn, and at the same time our architect has the possibility to resume his further development of our planning project. The Mt.Tron Mail therefore hopes to be able to impart the result from this in its next issue.